

# New and Special Classes

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256 South Maple Avenue, Basking Ridge, NJ 07920 • 908 766-5955 • [www.somersetcountyparks.org](http://www.somersetcountyparks.org)

## **NEW THIS SESSION – TRAIL ETIQUETTE**

**Fridays 6:30pm**

**Level: Advanced Intermediate 1 and higher levels**

Starting with the fall lesson session, any rider wishing to obtain a trail card must first complete a 5 week trail etiquette class. This class will cover proper trail riding manners, tips, and techniques for an enjoyable trail ride. We will be offering two 5 week sessions this summer.

## **MUSICAL RIDE**

**Mondays 8:30am for Intermediate 2 and higher levels**

**Fridays 7:30pm for Advanced Intermediate and higher levels**

This special class will focus on riding to music. Learn how to choose appropriate music, coordinate movements, and then practice the routine you have developed.

## **HARMONY WITH YOUR HORSE**

**Mondays 7:30pm**

**Level: Intermediate 2 and higher levels**

This is a Walk/Trot class. A way to develop better balance and oneness with your horse.

## **SCHOOLING 101 – FLAT**

**Mondays 8:30pm**

**Level: Advanced 1/BB/Advanced Flat 1 and higher levels**

By learning how to choose and use appropriate exercises, participants will:

- Help the horses improve their balance, flexibility, and responsiveness to commands so that they can become better school horses.
- Learn how to evaluate a horse to determine if it can do the expected job, and how to develop the horse's potential to its fullest.
- Learn how to teach a horse the basis building blocks that make the foundation of its education. The horse, with training from its rider, needs to master the simplest and most basic of skills in order to successfully advance to higher levels of performance.
- As the horse improves, riders will be taught how to decide what steps are needed next in the training process.

When faced with an issue, riders will often not know how to solve the problem. Riders will learn how to determine:

- Exactly what happened
- What is the problem or question
- Why it happened
- Find the answer to “what needs to be done to correct the cause of the issue”
- Become aware of what is happening at every moment and learn when and how to respond

## **EQUINE GYMNASTICS**

**Tuesdays 8:30am and Wednesdays 8:30pm**

**Level: Advanced Intermediate 1 and higher levels**

Riders will be assigned one to two horses for the ten week session to advance together. The class will focus on balance and simple gymnastic exercises to progress from ground work to raised cavaletti.

## **INTRO TO DRESSAGE**

**Tuesdays 6:30pm**

**Level: Intermediate 1/C-1 and higher levels**

Intro to Dressage is for riders who want to become familiar with the dressage ring. Riders will learn the placement of the letters, measurements, transitions, and movements used in the lower levels of dressage.

## **WESTERN PATTERNS CLASS**

**Tuesdays 7:30pm**

**Level: For anyone who has taken Western**

For riders who have taken one previous Western session. The class will concentrate on Patterns and Movements such as reining and western riding.

## **SCHOOLING 102 – OVER FENCES**

**Wednesdays 6:30pm**

**Level: Advanced 1/BB and higher levels**

Will encompass some of the techniques used in schooling 101 – FLAT in addition to:

- Introducing jumping to the horse
- Teaching the horse proper balance and technique so that the horse will jump easier and with more confidence

## **THE RETURNING RIDER**

**Fridays 8:30am**

**Level: Intermediate 3 and higher levels**

This class will focus on helping a rider regain poise, balance and confidence on horseback. It can take time and effort to regain the confidence and skills for English riding. The course will have exercises and riding experiences that build balance and confidence as you re-enter the world of horseback riding.

## **PATTERNS AND MOVEMENTS (seen on the schedule as Pats & Mvts)**

**Fridays 8:30pm**

**Level: Intermediate 3 and higher levels**

Learn to ride dressage tests and equitation patterns with accuracy and precision. The class will focus on individual movements which comprise the tests



**Somerset County  
Park Commission**

*If you have individualized needs due to a disability, please call 908-526-5650 and we will be happy to arrange reasonable accommodations. Three weeks notice is required to ensure that appropriate accommodation can be provided.*