TO:

Please call 908 526-5650 if you would like your name taken off our mailing list.
Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:

Bedminster
Bernards Township
Bernardsville
Bound Brook
Branchburg
Bridgewater
Green Brook
Hillsborough
Manville
Montgomery
North Plainfield
Raritan
Somerville
South Bound Brook
Warren
Watchung

TR provides year round recreation programs to children and adults with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!

Policies

Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information about each participant, everyone must complete an annual information form. You are asked to complete it fully and return it to the TR office. Once each year, in January, we will ask you to update the form, and whenever you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask that you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

Financial Assistance

Through the Somerset County Park Foundation, a scholarship/financial aid fund has been created for individuals who cannot pay the entire amount due for a program. To request assistance contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs during a season. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant’s attendance. A fee may be charged for all returned checks.

Refund/Household Credit Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Refunds will be prorated in accordance with the number of sessions/classes attended and/or supplies/tickets already purchased. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. A household credit for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds/credits for absences.

Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible and a program credit or refund will be issued.

Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. Registration is not transferable. No participant substitutions will be allowed.
REGISTRATION POLICY
Registration will be accepted beginning on the date specified below and on the registration form. Registration is accepted in the following ways:

- In person registration will be accepted on Saturday, January 11, 2020 between the hours of 9:00 am - 10:00 am at North Branch Park. NEW POLICY: Doors will open at 9:00 am. Snow date Sunday, January 12, 2020.
- Phone-in/fax registration, if paying by credit card, will be accepted as of Monday, January 13, 2020 between the hours of 8:30 am - 4:30 pm at North Branch Park
- By mail as of January 13
- No email registration accepted.

The fax machine is in a public area. It is highly recommended that you fax only during office hours.

Participants not living in a group home residence, may register one other participant at time of registration.

Registrations received prior to the specified date & time will not be accepted.

Please visit our website to review our policies and procedures as well as information regarding the TR registration process.

TRANSPORTATION POLICY
This symbol is displayed by those programs listed for which transportation is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pickup times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their “pick up” site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for “drop-off”. Failure to abide by these terms more than twice per season, or misbehavior on the van, will result in loss of this privilege.

The TR staff reserves the right to change or cancel pickup/drop off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Transportation is available on a first come, first served basis.

**No transportation is available within 5 miles of a program site.**

The TR Department does not provide home pick-up.

If you have any questions about these policies, or if you are scheduled for transportation but cannot attend the day’s program or event, please call the TR office.

Location: All Programs held at North Branch Park - TR Activity Center, Milltown Road, Bridgewater, unless otherwise noted.

PICK-UP/DROP-OFF POINTS
Each of the following pick-up points has a letter code next to it. Please indicate which pick-up point you will be using for each program where transportation is available.

This symbol displayed next to programs indicates that transportation may be available from each of the locations listed below.

A. Bardy Farms, Kings Warreenville Road, Warren
B. Lyons Mall South Finley Avenue, Basking Ridge
C. Nelsons Corner Shopping Center Rte. 206 & Amwell Rd, Hillsborough

Pick-up/Drop-off Policy
This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

A. Individuals dropped off early and picked up late at Park Headquarters for special programs and trips will be assessed a penalty of $10.00 per fifteen (15) minutes after a (15) minute grace period.

B. Individuals who are dropped off early and picked up late at designated transportation points will be assessed a penalty of $10.00 per fifteen (15) minutes after the first five (5) minutes.

C. Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of program. Those individuals dropped off early will be assessed a penalty fee of $10.00 per (15) fifteen minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.

D. After the first offense, individuals will be charged a higher rate.

E. Abuse of the policy will result in suspension from the program.

Different Person Pick-Up
If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification MUST be given to the TR staff.
SOUPS ON
Nothing chases away the chill of winter like a warm cup of cozy soup. There is a flavor for everyone! We will make old favorites like chicken and vegetable, and then we will stretch our taste buds and try something new. Warm biscuits and quick bread will add finishing touches. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Tuesdays, January 21, 28; February 4
Time: 7:00 – 9:00pm
Fee: $36.00

MOVIE NIGHT
Back by popular demand. Join your friends on Friday nights to catch the latest flick while enjoying a light snack. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Fridays, January 24; March 20; May 22
Time: 7:00 – 9:30pm
Fee: $30.00

GET FIT
Exercise away those winter blues by attending this jam packed fitness program. From weight training to cardio activities this program is sure to get your heart pumping. You may only sign up for one session. Please choose which session you would like to attend on your registration form. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Session I Mondays, January 27; February 3, 10, 24; March 2, 9
Session II Wednesdays, April 8, 15, 22, 29; May 6, 13
Time: 7:00 – 8:30pm
Fee: $54.00

TABLE TOP GAMES
Get ready to challenge your minds as we take on classic games that are old and new. This evening will be spent with friends as we enjoy some friendly competition. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Wednesdays, February 5, 12, 19
Time: 7:00 – 8:30pm
Fee: $36.00

ELEGANT EMBOSING
Calling all Crafters! No experience necessary. Come try your hand at something new. The art of embossing is a technique that raises a three-dimensional image on paper. We will use a variety of materials including stylish rubber stamps and stencils to embellish a variety of useful items. You will be amazed by your creations. You can keep them for yourself or they will make great gifts! This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Tuesdays, February 11, 18
Time: 7:00 – 8:30pm
Fee: $36.00

BRUNCH CLUB
Wake up you sleepy heads and get ready for some lip-smacking breakfast treats. We will have a great time making a list and going food shopping to make own brunch. It isn’t too early for those waffles smothered in warm apples and cinnamon. That is only one of the many items on the menu. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Sundays, February 23; March 29; April 26
Time: 9:00am – 12:00pm
Fee: $39.00

CHAIRSIDE ADVENTURES
Leave your luggage at home and hit the road with us as we take a virtual tour of the world! Each week we will have a guest speaker on hand to share their travel experiences and learn about cultures and customs of different countries, as well as sample their food and music. No passports needed! This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Tuesdays, February 25; March 3, 10
Time: 7:00 – 8:30pm
Fee: $33.00

MUSIC, MOVEMENT & MIME
Explore communication through creative movement, drama, and dance with Janet Cantore-Watson. All that’s needed are comfy clothing and your imagination. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Wednesdays, March 4, 11, 18, 25; April 1
Time: 7:00 – 8:30pm
Fee: $60.00

MONDAY MUSIC CLUB
Gather with friends each week to explore your musical talent. Led by instructor John Fitzpatrick we will explore the world of music by interacting, singing, and creating sound with instruments. No musical talent needed. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Mondays, March 16, 23, 30; April 6
Time: 7:00 – 8:30pm
Fee: $60.00

DINNER WITH FRIENDS
Come join us for a night of casual dining and good conversation as we visit a variety of restaurants. Please bring at least $35 each week to cover the cost of your meal, dessert (if time) and tax. More information will be sent to you upon registration. You may only sign up for one session. Please choose which session you would like to attend on your registration form. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Session I Tuesdays, March 17, 24
Session II Mondays, April 20, 27
Time: 7:00 – 9:00pm
Fee: $36.00
SATURDAY SOCK HOP

Ladies dig out your saddle shoes and gents roll up your jeans and slick back your hair! Come dance the night away while listening to some fab tunes spun by the DJ. Light refreshments will be served. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Saturday, March 21, 2020
Time: 7:00 – 9:00pm
Fee: $30.00

WOOD WORKING FUN

Making beautiful and unique wood items is fun and easy. We will use basic tools ranging from hammers to sand paper. We will also learn about finishing using wood stain and stencils. Everyone will take home decorative pieces to be proud of. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Tuesdays, March 31; April 7, 14, 21
Time: 7:00 – 8:30pm
Fee: $50.00

FABULOUS FLOWERS

Spring has sprung and the flowers are blooming. Join us to create fabulous flower projects using real flowers and different crafting supplies. This program is also open to adults.

Open to: Young adults ages 18 – 30
Date: Mondays, May 11, 18
Time: 7:00 – 8:30pm
Fee: $34.00

STEPPIN’ OUT

Get ready to hit the happy trail and take a walk in Somerset County’s prettiest parks. Take a step in the right direction and boost your energy level while enjoying the great outdoors. This program is also open to adults. More information will be e-mailed upon registration.

Open to: Young adults ages 18 – 30
Date: Wednesdays, May 20, 27; June 3, 10, 17, 24
Time: 7:00 – 8:30pm
Fee: $48.00

MEXICAN FIESTA

Gather round the kitchen as we make classic Mexican fare. From quesadillas to nachos and sweets you will definitely not leave this program hungry.

Open to: Young adults ages 18 – 30
Date: Mondays, June 1, 8, 15, 22
Time: 7:00 – 8:30pm
Fee: $50.00

SOCIAL CLUB

Why sit home when you can join your friends for some fun on a Friday night! Each Friday night will have a different activity which may include cooking, dancing, and special guests. Don’t miss out on the opportunity to have some fun with friends!

Open to: Young adults ages 18 – 30
Date: Fridays, February 7; April 3; June 12
Time: 7:00 – 9:00pm
Fee: $54.00

TGIF

Join your friends for some old school activities on a Friday night. One week will be spent at the Hillsborough Movie Theatre and the other bowling at West Hunterdon Lanes in Frenchtown. Additional money will be needed for this program. You may only sign up for one session. Please choose which session you would like to attend on your registration form. This program is also open to teens.

Open to: Young adults ages 18 – 30
Date: Session I Fridays, February 21; April 24
Session II Fridays, March 6; May 8
Time: (TBD based on activity)
Fee: $22.00

FRIDAY NIGHT OUT

Back by popular demand! You will have a great time spending evenings out with friends while participating in a variety of activities. Each week the group will travel to a different location. Additional money will be needed for this program. More information will be e-mailed upon registration. The group will meet each week at the TR Activity Center.

Open to: Adults 31 and older
Date: Fridays, January 31; March 27; May 29
Time: 6:30 – 9:00pm
Fee: $54.00

CANTEEN

Are you in the mood to relax and socialize? Than this is the program for you. Join us for some fun and friendship. We will do a variety of activities ranging from karaoke, games, crafts, and a special guest. This is a great way to experience something new while spending time with some old friends and making new ones.

Open to: Adults 31 and older
Date: Tuesdays, June 2, 9, 16
Time: 7:00 – 8:30pm
Fee: $60.00
**Adult Programs ages 31 and older**

<table>
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Open to:        Adults 31 and older
Date:          Wednesdays, May 20, 27; June 3, 10, 17, 24
Time:          7:00 – 8:30pm
Fee:           $48.00

MONSTER JAM
Join us for this jam packed adventure as you cheer on your favorite monster truck. You will have the opportunity to see trucks such as Grave Digger and El Toro Loco. Please note it is very loud in the arena and the noise can be uncomfortable for some. You are welcome to bring headphones as well. Please bring $30 to purchase your dinner and money if you would like a souvenir.
Open to:        Adults 18 and older
Date:          Saturday, February 22, 2020
Location:      PPL Center, Allentown, PA
Time:          Van will depart TR Activity Center at 4:30pm and return around 10:00pm (Times may vary)
Fee:           $55.00

FINDING NEVERLAND
Take flight as we join the lost boys in this jam packed adventure play on stage based on the famous children’s movie Peter Pan.
Open to:        Adults 18 and older
Date:          Saturday, March 7, 2020
Location:      Morristown Performing Arts Center, Morristown, NJ
Time:          Van will depart TR Activity Center at 11:30am and return around 4:00pm
Fee:           $75.00

ALL ABOARD
Hit the road and travel with your friends on a high seas adventure. First we will pick up lunch then board the Seastreak Ferry to spend the day touring around New York City. This is a great way to take in the sites. Additional money will be needed for this trip including $28 for the cost of your boat trip and $15 for lunch.
Open to:        Adults 18 and older
Date:          Saturday, April 4, 2020
Location:      Seastreak Ferry, Highlands, NJ
Time:          Van will depart TR Activity Center at 10:00am and return around 4:00pm
Fee:           $25.00

SOMERSET PATRIOTS BASEBALL GAME
Batters up! We will watch the boys of summer, the Somerset Patriots, take on the PA Road Warriors at the TD Ball Park. Join us for a fun evening of America’s favorite past time. Bring money for dinner and if you would like to purchase a souvenir.
Open to:        Adults 18 and older
Date:          Saturday, May 2, 2020
Location:      TD Ball Park Bridgewater NJ
Time:          Van will depart TR Activity Center at 5:45pm and return around 9:45pm
Fee:           $25.00

GROUNDS FOR SCULPTURE
Join us for a trip that is the perfect destination for an outing with friends. We will take a stroll through their museum, sculpture garden, and the arboretum. We will discover the beauty, charm, and whimsy that awaits. Upon registration more information will be sent.
Open to:        Adults 18 and older
Date:          Saturday, June 20, 2020
Location:      Hamilton Township, NJ
Time:          Van will depart TR Activity Center at 9:00am and return around 3:00pm
Fee:           $40.00


2020 WINTER/SPRING REGISTRATION

Participant’s Name __________________________ Age ______
Address ____________________________________ Zip ________
Municipality _________________________________ Home Phone __________________________
Disability ________________________________ Email __________________________

**Registration will be taken on a FIRST-COME, FIRST-SERVED BASIS. Class size is limited to ensure a pleasurable experience for all.**

**** No transportation is available within 5 miles of a program site ****

Registration will be accepted on Saturday, January 11, 2020 from 9:00am - 10:00am.
Snow date: Sunday, January 12, 2020
Walk in only at North Branch Park, Milltown Rd., Bridgewater
As of Monday, January 13, 2020, we will accept registration by phone, fax, walk-in or mail during office hours. No email registrations accepted. See page 2 for more details.

If applying for financial aid, please submit a $5.00 deposit per program. If paying by Credit Card please complete the following:

Card #: __________________________ Exp. Date: __________
Signature: __________________________ CVV2 __________

(Security Code)

First seven program choices, if space available

<table>
<thead>
<tr>
<th>Program</th>
<th>Pick-up point</th>
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**Specials - If paying by check, please send a check separate from above TR programs. No credit balances accepted.**

Pick three specials, if space available

<table>
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PLEASE MAKE CHECKS PAYABLE TO: SOMERSET COUNTY PARK COMMISSION - TR
P.O. BOX 5327, NORTH BRANCH, NJ 08876
<table>
<thead>
<tr>
<th>Sunday</th>
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| 5      | 6      | 7       | 8         | 9        | 10     | 11
|        |        |         |           |          |        | Registration |
| 12     | 13     | 14      | 15        | 16       | 17     | 18
|        |        |         |           | YA/A Adult Day I |        |
| 19     | 20     | 21      | 22        | 23       | 24     | 25
|        |        |         |          | YA/A Adult Day I | YA/A Movie Night |
| 26     | 27     | 28      | 29        | 30       | 31     | A Friday Night Out |

**January**

<table>
<thead>
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<th>Sunday</th>
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| 16     | 17     |        | 18        | 19       | 20     | 21
| YA/A Adult Day I | Holiday | YA/A Elegant Embossing | YA/A Table Top Games | YA/A Adult Day I |
| 26     | 27     |        | 28        | 29       | 30     | 31
| YA/A Branch Club |     | YA/A Soups On | A Dining Out | YA/A Adult Day I |

**February**

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| YA/A Get Fit I | YA/A Elegant Embossing | YA/A Table Top Games | YA/A Adult Day I |
| 16     | 17     |        | 18        | 19       | 20     | 21
| Holiday | YA/A Elegant Embossing | YA/A Table Top Games | YA/A Adult Day I |
| 26     | 27     |        | 28        | 29       | 30     | 31
| YA/A Branch Club |     | YA/A Soups On | A Dining Out | YA/A Adult Day I |

_T (ages 13-17)  YA (ages 18-30)  A (ages 31 and older)_
### March

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