Horseback riding instruction adapted for people with disabilities. Under the leadership of Phyllis Piano, the new T.R.A.I.L.S Instructor, riders will learn basic horsemanship and riding skills tailored to the rider's learning style and skill level. While the goal of the program is to improve or develop riding skills, there are many therapeutic benefits to participation. Phyllis is an experienced rider and has worked with people with disabilities. This program is for children, teens, & adults ages 9 and older with a developmental disability who reside in Somerset County.

**Dates:** Beginning Tuesday, April 7th or Wednesday, April 8th

**Classes:**
- Tuesdays, 6:15-7:30 PM or 7:15-8:30 PM Beginner Classes
- Wednesdays, 6:15-7:30 PM or 7:15-8:30 PM Advanced Classes

*Please leave two weeks open at the end of the session in the event that make-up lessons are required.*

*Your class assignment is at the discretion of the TR staff and the riding instructor. Class assignment is determined by rider’s functional and riding ability and not age, in order to allow for higher skill progression. Riders new to the T.R.A.I.L.S. program or riders who have not ridden with us recently must be tested for riding ability prior to the start of lessons in order to establish class assignment. Mandatory testing for all new riders or those who have not ridden with us for a while will be on Tuesday March 17th or Wednesday March 18th @ 6:30 PM.*

**Location:** Lord Stirling Stable, South Maple Avenue, Basking Ridge, NJ

**Fee:** $225

Riders must weigh less than 225 pounds and able to balance themselves on the horse with minimal assistance. All riders will be weighed the first night of class. All riders must wear an approved equestrian helmet. No exceptions. Helmets are available for use at Lord Stirling Stable at no extra charge.

There will be a limited number of spaces available based on the number of horses available for each class. All riders must provide one (1) volunteer each week for the 10 weeks. Acceptance in the program is at the discretion of the TR staff/instructor and based on the availability of volunteers to assist & an appropriate horse that can support the rider’s weight.

Registration will be accepted by phone, fax, mail, and in person at North Branch Park 355 Milltown Road, Bridgewater between the hours of 8:00 AM - 4:30 PM upon receipt of this flyer. Questions? Please call 908 526-5650. Individuals with a hearing/speech impairment may call the Relay Service @ 711. You can visit us on the web @ www.somersetcountyparks.org

---

**T.R.A.I.L.S. Spring 2020**

NAME: __________________________________________  AGE: _________  BIRTH DATE: ________________

ADDRESS: ____________________________________________________________________________________

Street  City  Zip

TELEPHONE: ________________________________  EMAIL: ________________________________

HEIGHT: ______________  WEIGHT: ____________  DISABILITY: ______________________________________

SCHOLARSHIP:  □ No  □ Yes (If yes, please submit a $25.00 deposit)

PAYMENT:  □ CHECK  □ CREDIT CARD  □ CASH (Exact change only)

CREDIT CARD#:___________________________________________  EXPIRATION DATE: __________________

SIGNATURE: _____________________________________________  SECURITY CODE: _________________

---

SOMERSET COUNTY PARK COMMISSION – TR, P.O. BOX 5327, NORTH BRANCH, NJ 08876