

TRIP DATES: Thursday, February 4
through Sunday, February 7
Pre-Trip Meeting: Thursday, January 21; 7pm



Lapland Lake Cross Country Ski Center lies within the six million acre Adirondack Forest Preserve. The Ski Center is located in the shadow of Cathead Mountain, amidst tall pines and hardwood forests.

As one of the top rated touring centers, it has some of the most reliable snowfall in the East, which means about 120+ skiing days per season. We cannot, of course, guarantee the weather or conditions when we are there!

With over 50km of trails, 38km are groomed while 12km remain ungroomed for snowshoers; there are trails for everyone from the beginner to the expert. Trails are groomed for both the traditionalist as well as the skate skiers. For the more adventurous, there is a 10km ungroomed backcountry trail.

The ski and snowshoe trails wind through picturesque forests filled with towering evergreens and hardwoods. Opportunities to view wildlife abound. Wildlife sightings, including tracks, may include martin, weasel, fox, turkey, woodpeckers, and many other local winter birds.

TRIP INCLUDES

- * Lodging for three nights in Lapland Lake's rustic ski cottages (a.k.a. tupas)
- * Van transportation to Lapland Lake
- * Four healthy breakfasts
- * Three soup lunches
- * Three family style dinners
- * A novice *or* hill group lesson
- * Two full days and two half-days skiing
- * Guided natural history walks and night hikes
- * Use of EEC snowshoes, when available
- * Trail fees, taxes, and gratuities
- * Use of Finnish sauna

OPTIONAL ACTIVITIES

- * Evening activities – Saturday night ski, ice skating, movies, and more
- * Advanced ski lesson / skate ski lesson
- * Winter nature photography
- * Tubing, ice skating, visit with reindeers
- * Massages offered to overnight guests in their tupas by a New York State licensed massage therapist. (Fee in cash or by check directly to therapist.)

The accommodations are in comfortable rustic cottages also known as *tupas*. The cottages have both electric heat and wood burning stoves; all tupas have shared bathrooms, living rooms, and fully equipped kitchens. If registering just yourself, you may be assigned a roommate. *The walls are thin, and the atmosphere is group oriented.*

Fantastic food; each morning join us for a healthy breakfast. Homemade hot soup is available at lunchtime. The three evening meals will be served family buffet style. There will always be plenty of hot beverages, fruit, and tasty goodies available to snack on in Lapin Tupa.

Independent dining options include lunch at the Kumma Tupa Snack Bar or lunch / dinner at the Tuulen Tupa Grill

During the day join the Naturalists on the trails. We often ski in small groups or you can ski on your own. We will bring snowshoes with for group use.

While on hikes you will have an opportunity to observe the local wildlife, take photos, learn about nature in winter or work on identifying birds by their calls.

In the evenings, after a hard day of skiing and snowshoeing, relax in the ski center's Finnish style wood-burning sauna, spend time socializing, participate in lively conversation, watch a movie or simply relax by the fire!

On Saturday night enjoy an optional special after dinner treat - take a walk in the dark to find the Milky Way or night ski out to the lake along a lit trail, where we will stargaze, and toast marshmallows by a warm bonfire!



WONDERFUL

In addition to the fantastic skiing there are many other optional activities to enjoy:

Search for mammal tracks while snowshoeing through the beautiful winter forest.



Try tubing! Take a bouncy ride down a snow-covered path and feel like you are eight years old again. Or lace up the ice skates and take a few spins around the skating pond.

Cozy up to the wood burning stove while enjoying good conversation, a mug of hot chocolate or a good book.

After all of these wonderful, chilling, outdoor activities, unwind and warm up in the traditional Finnish sauna.



WINTER ACTIVITIES

REGISTRATION

There are four ways to register for this year's ski trip; registrations accepted in the order received.

- * In person at the EEC
- * On-line at www.somersetcountyparks.org
- * By phone with a credit card
- * By mail with a check

WHO CAN JOIN US?

Adults

Youth ages 12+ accompanied by a registered adult

FEES

Total Fee

- * \$ 500 per person

Deposit Information

- * \$ 150 per person
- * Non-refundable
- * Due at registration

Payment Information

- * Final payment due by Friday, December 11, 2009
- * Registration closes Friday, December 11, 2009



Somerset County Park Commission welcomes everyone to participate in its programs and facilities regardless of race, color, gender, disability, age, sexual orientation, national origin, or religious or political affiliation. If you have individualized needs due to a disability, please call 908-526-5650 and we will be happy to arrange reasonable accommodations. Two weeks notice is required to ensure that appropriate accommodations can be provided.

Somerset County Park Commission does not discriminate on the basis of disability in the admission or access to, or treatment or employment in its programs and activities. The Secretary-Director of the Somerset County Park Commission having an office at 355 Milltown Road, Bridgewater, NJ has been designated to coordinate compliance with the nondiscrimination requirements contained in section 35.107 of the Department of Justice regulations. Information concerning the provisions of the Americans with Disabilities Act (ADA), and the rights provided thereunder, is available from the ADA Coordinator.

QUESTIONS

Call 908-766-2489 or stop in and ask for Rich Hoffman, Christa Wood or Monica Juhasz

CROSS COUNTRY SKI TRIP



Calling all cross country skiers!

Join the Somerset County Park Commission Naturalists on our Annual Adirondack Mountain Ski Trip Weekend!

February 4 – 7, 2010



Somerset County Park Commission
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Basking Ridge, NJ 07920
908-766-2489
TDD Relay 711