SOMERSET COUNTY PARK COMMISSION

2024 SUMMER ADULT TENNIS LESSONS

CLASS DESCRIPTIONS

BEGINNER

Players who have had little or no instruction. A basic introduction to fundamentals - forehand, backhand, serve and practice know-how.

ADV. BEGINNER

Players who have had some instruction, but still have trouble sustaining a rally or have difficulty serving. Also those with previous instruction who have not had an opportunity to play or practice what they have learned.

ADV. INTERMEDIATE/ADVANCED

Players who have reasonably consistant ground strokes and understand competitive strategy. Class work designed for good physical repetitive drills to help improve the game.

GREEN KNOLL TENNIS CENTER

EVENING LESSONS (6:30-8:00PM)

Beginner | Mondays | July 8 - Aug 5 Adv. Beginner | Tuesdays | July 9 - Aug 6 Advanced Intermediate | Wednesdays | July 10 - Aug 7 Advanced | Thursdays | July 11 - Aug 8

> Green Knoll Tennis Center Garretson Road Bridgewater, NJ 08807 908 722-1200 ext. 5021

LESSONS INCLUDE

- Drill Work
- Play Action Drills
- Challenge Court Time
- Tournaments

EASTERN 2019 Community Partner of the Year

www.facebook.com/scparksnj

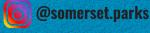
Director: Mike Watson

Clinic Fee: \$90.00 per session

Before engaging in any physical activity, it is advisable to check with a physician regarding any condition that may limit participation.









Individuals with a hearing/speech impairment may call the Relay Service @ 711.